

September Stall Talk Welcome Back!

Seattle World School / NOVA Teen Health Center

Staying Healthy for the New Year...



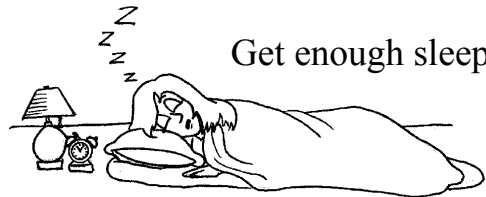
Eat Fruits &
Veggies



Brush &
Floss you teeth



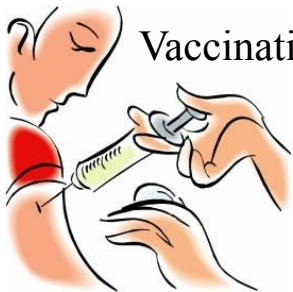
Stay
Active



Get enough sleep

What we can do for YOU:

Need someone to talk to?



Vaccinations



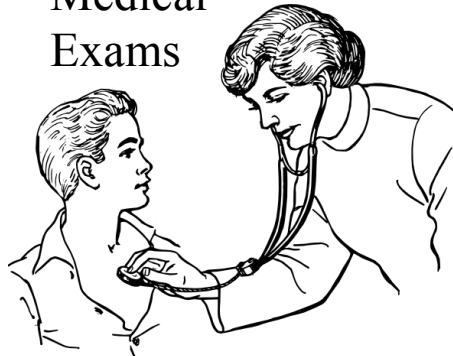
Sports
Physicals



Health Education



Medical
Exams



Safe, Confidential & FREE!

The Clinic:

Mon –Fri 8 am—4:30 pm

Call (206) 971-0810 for an appointment

Across from the SWS main office

Main Office

Audi-
torium/
Lunch-

Health
Center

